



National Seniors Strategy

The National Association of Federal Retirees is the largest national advocacy organization representing active and retired members of the federal public service, Canadian Armed Forces, Royal Canadian Mounted Police (RCMP) and retired federally appointed judges, as well as their partners and survivors.

As the organization moves further into 2023, one of its advocacy priorities is a national seniors strategy. By 2030, adults aged 65 or older will make up 23 per cent of Canada's population and number over 9.5 million. Older adults represent the fastest growing segment of the population, but gaps in Canada's health-care and social policies are putting barriers in the way of their independence and undermining their role in maintaining vibrant, healthy communities and economies.

Implementing a national seniors strategy that meets the growing and changing needs of Canada's aging population requires a coordinated and integrated effort involving all levels of government, as well as the private and public sectors. The only way to ensure the success of such an approach is for the federal government to play a leadership role.

Today, with an average Canadian life expectancy of over 80 years, physicians believe Canadians who reach 65 without major complications can realistically look forward to 20 more years of life, 17 of them in good health. However, most policies affecting older Canadians were designed for an age when retirement was something that occurred near the end of one's life. Retirement is becoming something quite different — and Canada's social and health policies for older Canadians must change with it.

For these reasons, Federal Retirees calls on the federal government to develop and implement a national seniors strategy.

For more information about national seniors strategy, please visit

<https://federalretirees.ca/en/advocacy/our-priorities/national-seniors-strategy>