



Are you concerned about your federal pensions and benefits?

Federal retirees are fortunate to have a defined benefit pension plan. It is definitely a first-class plan, based on contributing a substantial fraction of salary in exchange for the promise of a decent pension that is indexed to inflation. That could change, and is the reason why the National Association of Federal Retirees (Federal Retirees for short) continues to advocate to protect its members' earned pensions and benefits and to support good policy that improves the lives of all Canadians in retirement.

Federal Retirees is the largest national advocacy organization representing active and retired members of the federal public service, Canadian Armed Forces, Royal Canadian Mounted Police (RCMP) and retired federally appointed judges, as well as their partners and survivors.

With close to 170,000 members, including more than 60,000 veterans and their families, the Association has been advocating for improvements to the financial security, health and well-being of our members and all Canadians for over 50 years.

Federal Retirees is organized into 79 branches, and the Algonquin Valley Branch is our local branch. Vickie Hulley is our current branch president and she is supported by the following slate of elected members: treasurer, Julie Mallory; membership secretary, Mary ter Huurne; past president, Ken McDonald and directors, Bill Turner, Nancy Gleason and Debbie MacDonald.

For more information, contact us at [avb.on33@gmail.com](mailto:avb.on33@gmail.com). Or, to join this strong national association, go to <https://www.federalretirees.ca/>. Our strength is in our membership. Stay tuned for more information in future articles.